



Dreaming new dreams

May 1-2, 2002
The Galt House Hotel
140 North Fourth Street
Louisville, KY

State
Interagency
Council



KDE

Kentucky Department of Education



Kentucky Department
for Mental Health and
Mental Retardation Services



"The strongest principle of growth lies in human choice."

- George Eliot

Conference At A Glance

April 30, 2002

6 pm - 8 pm Early Registration
Hospitality Suite

May 1, 2002

7:30 am Continental Breakfast
Registration Opens

8:00 am Welcome from Margaret Pennington, DMHMRS Commissioner
Opening Address from Gene Wilhoit, Commissioner of Education

9 am - 12 pm “A” Workshops

12:15 -1:45 pm Luncheon Banquet
Presentation of 5-year, 10-year Service Pins, RIAC Awards, and
Collaborative Partner of the Year, 2002 Award

2 pm - 3:30 pm “B” Workshops

3:45 - 5:15 pm “C” Workshops

5:15 pm On your own

May 2, 2002

7:30 am Continental Breakfast
Registration Opens

8:00 - 10 am National Speaker: Rita Pierson, aha! Process
Framework for Understanding Poverty

10:15 - 12 pm Rita Pierson, continued

12:15 - 1:30 pm Box Luncheon
Networking Opportunity around topics identified by participants

1:45 - 4:45 pm “D” Workshops

4:45 pm Conference Ends

Welcome from the Conference Planning Committee

We are excited to bring you this collaborative conference, sponsored by the State Interagency Council, the Kentucky Department of Education Division of Exceptional Children Services, the Department for Mental Health and Mental Retardation Services, Family Resources and Youth Services Centers, and the Kentucky Center for School Safety. In a time of declining budgets, we have found strength in pooling our resources to bring you a high quality conference with no registration fee! State and national speakers will present on a wide variety of topics that will help us better understand and deliver services to children with emotional disabilities and their families. We hope that the connections you make at this conference will carry over to your work once you return to your home communities and districts.

Special Features

Wednesday, May 1, 2002 Welcome/Conference Opening

Welcome from Margaret Pennington, Commissioner of Kentucky Department for Mental Health and Mental Retardation Services, and Gene Wilhoit, Commissioner of Education.

Thursday, May 2, 2002 Keynote: A Framework for Understanding Poverty

Poverty is the most common risk factor for children receiving IMPACT services, according to the ten year evaluation. This seminar will help us understand the influences of poverty and how we might address them in our schools, mental health centers, and communities.

This seminar, based on the book A Framework for Understanding Poverty by Ruby K. Payne, Ph.D., provides an in-depth study of information and issues that will increase the participants' knowledge and understanding of the poverty culture. Topics include: how economic class affects behaviors and mindsets, why students from generational poverty often fear being educated, the "hidden rules" within economic classes, discipline interventions that improve behavior, and the eight resources that make a difference in success. Related discussions include case studies, support systems, the role of language registers, discourse patterns and story structure, and the relationship between eye movement and learning. This seminar is designed for audiences of both elementary and secondary-level educators with adaptation and application for community, social service and faith community audiences.

The workshop will be presented by Rita F. Pierson, Ed.D., of Houston, Texas, who has been a professional educator since 1972. As an educator, she taught regular and special education, junior high and has served as a counselor, assistant

principal, director, testing coordinator, and consultant. She is also a Licensed Professional Counselor. Rita also developed and implemented a school/community involvement program for a large urban elementary school and trained an in-school crisis team for students in need of immediate intervention. An experienced consultant, Rita has presented numerous workshops for aha! Process, Inc. since 1997.

Each participant will receive A Framework for Understanding Poverty (Day One) Workbook. The workbook includes charts and graphs, resource review scenarios, other activities, and note-taking outlines.

Continental Breakfasts

A continental breakfast will be provided both mornings of the Conference, beginning at 7:30 am.

Banquet Luncheon

Please join us for a banquet luncheon on May 1 (beginning at 12:15 pm), where we will announce the recipients of the Chris Walker Regional Interagency Council (RIAC) Awards and also recognize individuals who have earned Five and Ten Year Service Pins with Kentucky IMPACT and present the Kentucky Collaborative Partner of the Year, 2002 Award.

Networking Luncheon

Is there a burning topic you would like to discuss with others from throughout the state? Please join us for a networking box lunch on May 2, beginning at 12:15 pm. We invite you to suggest topics you would like to discuss. Some examples are: transition, exiting children from the IMPACT program, and RIAC/Education relationships. Look for the space on the registration form to suggest your topic.

Exhibit Hall

A variety of booths will be offered on May 1 and 2 which will include book sales, educational supplies, informational topics, and a variety of interesting wares for purchase such as jewelry, sweatshirts, and crafts. If your company or organization would like to have a booth, please contact Pam Goins, at (502) 564-4970. The booth fee is \$225.

A Matter of Perspective: Very Special Arts of Kentucky Student Traveling Exhibit

This non-profit organization provides experiences in the arts for children and adults with disabilities. Come see this traveling student art show throughout the Galt House. They will hold a silent auction with the proceeds benefiting the students of the Commonwealth.

Registration

The conference is limited to 700 participants. Registration will be accepted according to date received and category (listed on form) to allow all partners an opportunity to participate. All participants must pre-register. We will have **no on-site registration.**

**All Day Workshop
Wednesday May 1, 2002
9 a.m. - 12 p.m., 2 p.m. - 5 p.m.**

A-1, B-1, C-1

Individual Behavior Plans for Students with Intense Needs
Bob McLaughlin, *Fayette County Schools*

Participants will learn how to develop an Individual Behavior Plan for students with intense needs. They will also learn key points about each of the component parts which will help them apply the structure to other settings and situations. The components are Reinforcement Strategy 1 - development and use of differentiated reinforcement with one or two key goals; Reinforcement Strategy 2 - the use of bonus points for specific target behaviors that are above and beyond the two key goals; Instructional/Feedback Strategy - social skills through direct instruction and through the use of feedback; and Reactive Strategy - what to do when the behavior of concern occurs. Active participation is required as real examples are provided to help participants develop a plan during the workshop. (This is a six hour workshop only - please sign up for all 3 sessions on your registration form.)

**Three Hour "A" Session Workshops
Wednesday May 1, 2002
9 a.m. - 12 p.m.**

A-2 Adolescents and Drugs in the 21st Century
Michael Gosser, *Lighthouse Adolescent Recovery Center*

This workshop will give educators/youth workers basic information related to alcohol and other drug abuse and/or dependency. Information provided will include an overview of common drugs of abuse including effects, signs, and symptoms in addition to basic intervention strategies.

A-3 DSM-IV 101
Ed Maxwell, *Department for Mental Health and Mental Retardation Services*

This workshop will explore the use of psychotropic medications to help manage a wide range of emotional, behavioral, and cognitive symptoms. The positive and negative effects of specific medications and medication combinations will be discussed. Presentation of case histories and a question and answer period will also be included.

A-4 How to Increase Communication and Decrease Conflict
Pam Goins, Janet Chapman, Gary Smith, *Kentucky Department of Education*

This training will prove that conflict is inevitable, and if handled properly, can foster positive results. In this session the trainers will address the sources and dynamics of conflict, the language of resolution, communication techniques, negotiation strategies, and an overview of conflict resolution processes. This training will improve and maintain the quality and effec-

tiveness of positive communication in the lives of children. It is the goal of the trainers to encourage and model appropriate communication strategies to ensure a positive climate with physical, mental, and social needs of the students at the forefront as they relate to the cognitive development of students in their care.

A-5 Supporting Social/Emotional Growth of Young Children
Frances Ryan, *Anderson County Regional Training Center*

This interactive workshop will give participants an opportunity to discuss risks young children face and ways we can counter those risks. Social/emotional development will be reviewed as a framework for understanding the supports that are needed. Collaborative training efforts within Kentucky will also be shared.

A-6 The Early Intervention Model: Community Based Services and Schools Working as a Team
Lea Brown, *Bowling Green Independent*

This intervention model employs consultation as a strategy to enhance the skills and abilities of school staff and community agencies to effectively deal with student's learning and behavior problems. This three-tiered system utilizes prevention and intervention strategies to assist children long before a crisis occurs.

A-7 Building on Family Strengths
Helen Deines, *Spalding University*

This workshop is based on extensive research on family strengths associated with successful coping. Participants will identify diverse strengths useful in difficult life situations, practice interviewing techniques to increase clients' use of personal and environmental strengths, and strategize to involve clients in using their collective strengths to build nurturing communities.

A-8 Diet, Health, and Fitness for Caregivers
Brad Humphrey, *Kentucky River Community Care*

The connection and mutual influence of the mind on the body and vice versa is incontrovertible. Sadly, mental health professionals and other caregivers often don't take the time to care for themselves. Have you already broken your New Year's resolution(s)? If you did, this workshop will help you do something about it. Don't be embarrassed or shy about your condition, come take the first steps to do something about it!

A-9 Gently Down the Stream
Arnie Bradway, *Department for Community Based Services*

With unending changes, stress in our professional worlds seems to be approaching an apex. This workshop provides information and anecdotes about stress and guides participants with practical relaxation techniques through meditation that help increase focus and a sense of well-being.

A-10 The Impact of Obsessive-Compulsive Disorder on the Life of a Youth

Edwin O. Walker, *Dept. for Juvenile Justice*

The wide range of symptoms that present in children and adolescents who suffer from obsessive/compulsive disorder and related disorders will be discussed. Treatment strategies, including both pharmacologic and behavioral/psychotherapeutic approaches will be presented using case vignettes and participant/presenter question and answer.

A-11 Getting Real with At Risk Youth: the Real ABCs, the Real Risks, the Real Deal

Thecla Helmbrecht Howard, Ed.D., Anthony H. Howard, M.S.

This is a treatment model for understanding and helping youth of promise! Participants will be offered an opportunity to reframe the "medical model" of mental health services. In doing so, participants will discover some alternative treatment strategies that "work" for our at risk population. Learners will be taught: The Real Deal: Implications for Learning, The Real ABC's: and The Real Risks (the nature of the learning process).

A-12 Suicide Prevention Planning

Learn how Kentucky is replying to the need for a state-wide collaborative suicide prevention plan. How can your school, agency or community be an active participant in the process? How much of a problem is suicide in our state? What have other states done to reduce the risk of suicide among youth and adults?

A-13 In Search of Learning: Using Research to Build Better Brains

Linda Allen, *Ohio Valley Educational Cooperative*

Learning comes to each of us through diverse paths. This session will explore and share inviting and invigorating strategies based on current brain research that will assure learning for all students. Music, movement, and memory tips will enhance your instruction.

A-14 Therapeutic Child Support

Elizabeth Croney, *Croney and Clark*

This workshop will focus on developing specific goals and objectives for therapeutic child support services that link back to the child's service plan, supervision of TCS staff, and appropriate therapeutic interventions, including therapeutic games and play therapy.

A-15 Cultural Competence: A Tool To Identify Untapped Potential In Underserved Students

Dr. Roger Cleveland, *Kentucky Department of Education*

This workshop will provide participants with the basic concepts of Cultural Competency. Cultural Competency goes beyond the typical cultural awareness process; to be culturally competent, educators must infuse the cultural awareness and sensi-

tivity information into their instructional practices. Schools should imbed this information into their policies and procedures. In order to be a fully effective educator, we must understand the children that we are trying to educate. We have to reach them, before we can teach them.

All Afternoon Sessions B/C
Wednesday, May 1, 2002
2 p.m.- 3:30 p.m, 3:45 p.m. - 5 p.m.

These are three hour workshops only - please sign up for both sessions on your registration form.

B-2, C-2 Strategies and Techniques for Working with Individuals with Autism

John C. Burke, *Kentucky Autism Training Center*

Dr. Burke will give an overview of the services available at the Kentucky Autism Training Center. Participants will gain an understanding of approaches which involve identification and targeting of pivotal behaviors and skills in individuals with autism to promote more rapid and generalized gains in communication and social development. These approaches will take into consideration the unique behavior, sensory, and learning characteristics of individuals with autism.

B-3, C-3 Kentucky's Program of Studies, Core Content, and Students with Disabilities Accessing the General Curriculum

Traditionally, Kentucky's Program of Studies has been considered mainly an academic learning document, rather than as a social competence learning tool. This session will utilize Kentucky's Learner Goals and Academic Expectations, as well as Program of Studies, Core Content and Transformations documents to link educational programming to behavior issues. Participants will leave the session with information and ideas to revise and/or refine current social competence programming for students with behavioral problems/issues.

B-4, C-4 Functional Behavior Assessment (FBA) and Behavior Intervention Plans (BIP)

Kristine Jolivet, *University of Kentucky*

Functional Behavioral Assessment of challenging student behavior is required by the 1997 amendments to the "Individuals with Disabilities Education Act (IDEA)". This session will review the components of an effective Functional Behavioral Assessment and how it is used in conjunction with the Behavior Intervention Plan to develop positive behavioral supports for students with challenging behavior.

B-5, C-5 Special Ed 101

Yvette McGuire and Eddy Wilder, *Kentucky Valley Educational Cooperative*

Services for children with disabilities can be deep, wide,

Afternoon "B/C" Session Workshops (continued)

and confusing. This session will provide information for the agency professional to better understand what services may be available through 'special education' for children and youth with disabilities whom they may serve.

Hour and a Half, "B" Session Workshops Wednesday May 1, 2002 2 p.m. - 3:30 p.m.

B-6 A Teacher's Perspective of "Wrap Around Services" *Toyah Robey, Kentucky Department of Education*

This session will highlight experiences of an EBD self-contained classroom teacher and her efforts to work collaboratively with various agencies regarding transition from hospital placements and continued support for students with challenging behaviors. Participants will come away with a better understanding of how to collaborate with teachers and support students in the educational setting from the ARC to the classroom.

B-7 Kentucky IMPACT at Ten Years: Review of Evaluation Research *Bob Illback, R.E.A.C.H. of Louisville, Inc.*

This workshop will review demographic, service delivery and outcome data from the ten year evaluation study. Trends, issues, and implications for on-going program development will be discussed.

B-8 Confidentiality *Kelly Ranvier, Dept. for Mental Health and Mental Retardation Services*

This workshop will discuss confidentiality in mental health treatment from a legal perspective. The material presented is vital for RIAC members, Local Resource Coordinators, service coordinators, educators and others who serve on child service teams.

B-9 Helping Classmates Better Understand Challenging Behaviors *Carol Cecil, Kentucky Partnership for Families and Children*

The Kentucky Partnership for Families and Children, Inc. has developed a curriculum geared at intermediate-age students that gives them a better understanding of how the brain works. This curriculum focuses on how the brain should work and what happens when it works differently, causing challenging or confusing behaviors. The curriculum specifically targets behaviors related to ADHD, Anxiety disorder, Bipolar disorder, Major depression disorder, Obsessive-compulsive disorder, and Tourette's Syndrome. Teachers, school social workers, Family Resource and Youth Services Center directors, special

education teachers, and others that are concerned with the self-esteem of all children in their classroom should attend this presentation.

B-10 Stress Reduction Toolbox for Parents and Professionals *Corlia Logsdon, Kentucky Department of Education*

Stress is a fact of life in our fast-paced world. For parents of children with disabilities and mental health practitioners, stress is "job-embedded." This workshop explores the facts and myths of stress and invites participants to identify and rate stressors in their lives. The causes and effects of stress will be explored. Various approaches to stress reduction will be presented and participants will be invited to practice them.

B-11 Building Bridges: Building Community Collaboration Between Mental Health & Public Education *Tom Witt, Bridges Project for Cumberland River Comprehensive Care*

The purpose of this presentation is to educate participants about the successes of applying the wraparound approach, through collaboration between mental health and education, in working with SED children and their families. We will offer a chance for participants to better understand what it feels like to be a child with SED and their family. In addition we will share characteristics, pitfalls, and best practices in applying this process as well as a universal, school-wide discipline approach.

B-12 FRYSCs: A Local School Resource

Representatives from different Family Resource and Youth Services Centers, along with FRYSC state office staff, will share information about the centers, including the innovative services they provide and resources they can offer to their communities.

B-13 Kentucky Educational Collaborative for State Agency Children (KECSAC) *Norman Powell, Director*

This workshop will provide an overview of KECSAC's history, projects and mission. The purpose of the workshop is to view the organizational structure of KECSAC, gain an insight into the population being served, and the delivery of funding and service.

B-14 KIDS NOW, Early Childhood Initiative: Supports for Children's Social and Emotional Development *Nancy Newberry, Governor's Office of Early Childhood Development, Beverly Phillips, Department for Public Health*

KIDS NOW, the Governor's Early Childhood Initiative is in the second year of implementation since the landmark 2000 legislation. KIDS NOW provides a comprehensive focus on the health and well being of Kentucky's children, on supporting families and on early care and education issues for chil-

dren. This session will provide an overview of the Initiative components, progress to date, and will highlight the supports for children's social and emotional development in the home and community through KIDS NOW.

B-15 School-Based Aftercare for Students with Psychiatric or Substance Abuse Problems
Barry Kellond, *Department for Mental Health and Mental Retardation Services*

This workshop will provide an overview of the issues middle and high school students face when returning to school from inpatient psychiatric or chemical dependency treatment. It will also describe the role of school support staff in the aftercare process.

B-16 Kentucky Department of Juvenile Justice: Myths and Facts
Vicki Reed and Libby Mills, *Department of Juvenile Justice*

National figures state that up to 60% of the youth involved with juvenile justice also have a mental health diagnosis. Is this true in Kentucky? Who are these youth? How is this addressed in DJJ? How do we protect the community? Who goes to residential placement? Who gets treatment in the community? What types of interventions/treatment programs does DJJ offer? What happens to a youth once they return to the community? What prevention programs does DJJ fund? This is a chance for participants to understand more about the full range of services offered by the KY Department of Juvenile Justice, the limitations of this system, its other initiatives and how they interface with the mental health system.

Hour and a Half, "C" Session Workshops
Wednesday May 1, 2002
3:45 p.m. - 5:15 p.m.

C-7 Partnering with Parents
Carol Cecil, *Kentucky Partnership for Families and Children (KPFC)*

The Kentucky Partnership for Families and Children, Inc. offers professionals an opportunity to better understand working in partnership with families. KPFC is a children's mental health advocacy organization that provides information and training for parents and professionals. This training will use sculpting to demonstrate two types of families that professionals might encounter. We will also discuss strategies to engage and better support families. (This presentation will be similar to the "Partnering With Parents" section of the Service Coordinators 101 training.)

C-8 Child Sexual Abuse/Shaken Baby Syndrome
Rashmi Adi-Brown, *Prevent Child Abuse Kentucky*

The workshop will provide participants with indicators and effects of child abuse and neglect. Reporting requirements will be addressed along with professional response. In addition, shaken baby syndrome will also be discussed.

C-9 Court Diversion
Teresia Griffith, *Kentucky River Community Care*

This workshop will discuss several court related issues involving juveniles, such as the difference between public and status offenses and when it would be appropriate to utilize each one when meeting with the Court Designated Worker. The presenter will also discuss options from a mental health viewpoint in dealing with court involved youth.

C-10 Cognitive and Emotional Development of Deaf and Hard of Hearing Students: What is the "Norm" and When and Where to go for Mental Health Services
Robin Santa Teresa, *Kentucky School for the Deaf*

This presentation will outline the emotional and cognitive development of children with hearing losses. In addition to comparisons with the developmental patterns of hearing children, within population comparisons by parental hearing loss and etiologies of hearing loss will be noted. Discussion will focus on typical development and indicators of atypical development. Indicators of mental illness will be noted as well as routes to appropriate treatment for this group of children and adolescents.

C-11 Brain Injury Among Teens
Colleen Ryall, *Department for Mental Health/Mental Retardation Services*

This workshop will detail information about the most common causes of brain injuries, effects of brain injuries on behavior, learning, and resources available to assist families in their efforts to cope with the impact of brain injuries.

C-12 Digital Approach to Literacy
Linnie Calland, *Mason County Schools*

Overcoming the barrier to print material through technology tools is one way to lessen frustration and provide success for those students who struggle to read on their own. Software which reads text on the computer through headphones has a positive impact on the learning of students with reading disabilities and others at risk for reading failure. Discover what a text reader is, how it works, and the statewide impact it is having on students in the E-text School project through the Kentucky Department of Education.

C-13 IMPACT Plus Update
Carla Mahan, Stacie Otto, *Department for Mental Health and Mental Retardation Services*

This workshop will include any updates in operating practices, recent site review data, quality improvement initiatives, and the Outcomes Project.

C-14 Are You My Mother: Foster and Adoptive Children in the Classroom
Judi Spooner, Jim Wilson, *Department for Community Based Services*

This workshop will deal with the issues that children who are

"C" Session Workshops (continued)

in out-of-home care face at school and with their peers. The challenges these children face are different from the challenges "regular" children face. Nowadays, families are built by different methods. This workshop will help teachers and their aides normalize those families built through foster care and adoption. It will provide participants with specific resources and projects to support children living away from their birth families.

C-15 Transition Alternatives

Louis Kurtz, Sandra Silver, *Department for Mental Health/Mental Retardation Services*, Abby Freeman, Amy Hinton, *LifeSkills, Inc.*

This workshop will identify what services are available to transitioning young adults with serious mental illness and will address how to maneuver the adult system.

Three Hour "D" Session Workshops Thursday May 2, 2002 1:45 p.m. - 4:45 p.m.

D-1 A Recipe for Student Success: One District's Model for Comprehensive Safe Schools Planning Nancy Bertuleit, *Warren County Schools*

This workshop will provide an overview of programs in Warren County to holistically address student needs. The comprehensive plan includes specific programs for parents, staff, students and administrators. This recipe demonstrates how programs mix and blend to create an environment for student success. Key ingredients include early intervention, bully prevention and parent involvement.

D-2 Adventure Based Therapy Bridges staff

Adventure Based Therapy offers an opportunity for processing such subjects as communicating effectively, expressing appropriate feelings, creative problem solving, conflict resolution, active listening, following instructions, waiting their turn, and developing their own self confidence and courage. These activities allow time for the group to talk about feelings and how to translate the skills learned into everyday life. The intended audience would be those who work directly with children who have an emotional or behavioral disorder (Therapist, Service Provider, Intervention Specialist, Behavior Specialist, etc.). Participants should wear comfortable clothes.

D-3 Creative Journal Writing Laverne Zabielski, Freelance Writer

Journaling can sometimes be a powerful stress-reducer, but if you want to write, you have to practice. Using writing practice

based on Natalie Goldberg's book, *Writing Down the Bones*, we will churn up words from which poems and stories are created.

D-4 Theatre of PossABILITIES

Suzanne Austin and Patricia Brown, *Bluegrass East IMPACT and Partners*

This collaborative strength-based camp combines theater, visual arts and movement for children with SED. This two week program resulted in life changing experiences for the children and youth. Participants who attend this session will experience a mini version of the workshop as we introduce the model.

D-5 Secondary Traumatization Dawn Corcoran, *Salt River IMPACT*

Professionals, family members and friends are often confronted with trauma and the effects of trauma experienced by others. This can in turn impact those who are trying to assist in a way that can be traumatic. This workshop will promote understanding, identification, and plans of care for helpers who may be exposed to the traumatic experiences of other people.

D-6 IMPACT 101

Christopher Cecil, *State Interagency Council*, Deborah Anderson, *Opportunities for Family Leadership*, Randy Oliver, *Department for Mental Health and Mental Retardation Services*

This orientation is targeted for new and experienced RIAC members and those who want to know more about how IMPACT works, and the role of parent liaisons/parent representatives through hands on activities and discussion. This session will give an overview of the process by which families are served by Kentucky IMPACT and the funding process.

D-7 Repairing the Damage: Helping Children to Attach Jim Wilson, *Dept. for Community-Based Services*

Attachment is crucial for all children but difficult to establish for children who have a history of abuse, neglect, and loss. Five critical attachment tasks that guide the work of child welfare professionals will be discussed. Specific strategies will be offered to help parents and professionals get back to a healthy developmental track.

D-8 Why Would I Want to Work for YOU? Dale Ann Cox, *Tennessee Association for Child Care*

In this workshop, we will challenge the notion that money is the reason people leave and instead do a lot of work on reasons people stay. In the end, the conclusion of the group is often altered. The influence of leadership styles/strengths, supervision, being allowed to have ownership and control in their work, being vision driven, and being supported in efforts

to achieve life-work balance can greatly improve employee retention and recruitment. We will also review national trends in recruitment and retention.

D-9 Video Self-Modeling: Creating Video Futures of Student Success
Preston Lewis, *Kentucky Department of Education*

We often have students who know how to behave appropriately, but have gotten into routines of behaving inappropriately which are hard to break. Part of this is due to the "images" they have in their own minds of how they act in certain settings or conditions. Video self modeling allows us to create the behavior we want to see and allows the student to develop new images of success, even if these successes have not yet occurred. This session will provide the conceptual basis for video self modeling and give direction in the process for digital editing to create "video futures". Participants will also be able to brainstorm applications of this strategy to specific behaviors where they can use this innovative intervention.

D-10 The Other Side
KPFC Youth Council

The members of the Youth Council from Kentucky Partnership for Families and Children share with professionals their view of dealing with disabilities through performing skits and serving on a panel.

D-11 Memory Mastery ... Memory Magic
Brad Humphrey, *Kentucky River Community Care*

Improve your ability to memorize and retain almost any bit of information from three to ten fold in several hours! You will likely astound yourself with your own ability and potential by the end of this workshop. More importantly, learn how to teach clients or your children some of the new brain-based approaches and possibly change their lives forever in terms of their learning ability and/or their self-confidence.

D-12 Play Therapy Interventions
Beth Smith and Stacey Nelson, *Seven Counties Services*

Play is the child's work and the natural language of children. Participants will explore the basic tenets and language of play, explore their own play styles and how to use these effectively in therapeutic interactions, identify the developmental stages of play and how they relate to child development, and practice interventions for use with children anytime, anywhere.

D-13 Child Sexual Abuse 101: What is Child Sexual Abuse?
Natalie Kelly, *Department for Mental Health and Mental Retardation Services*

This workshop will address the myths and realities of child sexual abuse; possible warning signs and effects of child sexual abuse; and what you can do to help. Child Sexual

Abuse statutes in Kentucky and reporting requirements will also be addressed. Information will be shared about community resources for victims and their family members.

D-14 School Phobia and Anxiety
Jan Trabue, *Warren County Schools*, and Dwight Trabue, *Family Works*

This workshop will focus on treatment interventions and practical strategies for use in the classroom to effectively support the anxious or school-phobic child. Emphasis will be on elementary and middle-school aged students.

D-15 Why are These Kids So Angry?
Jennifer Reece, *Bullitt County Schools*

This training session is based on the outstanding work of Malcolm Smith (Peaceful Intervention Program). Topics covered include: understanding anger in children and youth, strategies for dealing with angry students at a variety of grade levels, and effective responses to students who become violent. Specific skills taught during the session are designed to assist school staff in responding to a student who has a weapon and include strategies for creating a peaceful learning environment.

D-16 The Impact of Bipolar Disorder on the Life of a Youth
Edwin O. Walker, *Department of Juvenile Justice*

The wide range of symptoms in children and adolescents who suffer from bipolar disorder and related disorders will be discussed. Treatment strategies, including both pharmacologic and behavioral/psychotherapeutic approaches will be presented using case vignettes and participant/presenter question and answer.

Registration Form



May 1-2, 2002
Galt House
140 North 4th St.
Louisville, KY

Registration Directions

The conference is limited to 700 participants. Registration will be accepted according to date received and category (listed on form) to allow all partners an opportunity to participate. All participants must pre-register. We will have no on-site registration. **Registration deadline is April 15th, 2002.** Confirmation letters will be mailed out after the registration deadline.

Registration can be submitted by:

1. Completing this entire registration form and submitting it to Michael Dawson, c/o SIAC, 100 Fair Oaks Lane, 4W-C, Frankfort, KY 40621-0001; or
2. Internet: Access the websites of the Kentucky Department of Education (www.kde.state.ky.us or www.kentucky schools.org and go to the Exceptional Children's web page) OR the Department for Mental Health and Mental Retardation Services (<http://dmhmrs.chr.state.ky.us/> and look under "What's Gnu") to find the Choices and Changes registration packet and form and follow the directions given.

Please choose one method of registration in order to eliminate duplicated registration... Thank you!

Registration Information

Last name: _____
First name: _____
Middle initial: _____
Agency: _____
Region or District: _____
Street address: _____
City: _____
State: _____
Zip: _____
Phone: _____
E-mail: _____

☐ I would be willing to be a workshop facilitator

Workshop Choices (Please identify 1st and 2nd choices):

Session A:
1st choice _____
2nd choice _____

Session B:
1st choice _____
2nd choice _____

Session C:
1st choice _____
2nd choice _____

Session D:
1st choice _____
2nd choice _____

Participant's Field of Work:

☐ **Educator** (employed by Local Education Agency or School Cooperative)

☐ **Family Resource and Youth Services Center staff**

☐ **Mental Health/IMPACT or IMPACT Plus staff** (employed through Comprehensive Care Center or IMPACT Plus subprovider, Dept. of Mental Health/Mental Retardation Services or Eastern Kentucky University)

☐ **Parents/Foster Parents/Parent Resource Center staff**

☐ **RIAC Members** (other than categories listed above)

☐ **Other** (please specify): _____

Luncheons:

☐ Yes, I will attend the May 1st lunch.

☐ Yes, I will attend the May 2nd lunch.

Suggested topic for discussion: _____

****Twelve hours of Effective Instructional Leadership Act (EILA) credit has been requested.**

Continuing Education Units

Up to 12 nursing contact hours will be awarded by the Department for Mental Health and Mental Retardation Services, an approved provider by the Kentucky Board of Nursing for individuals who complete the requirements in approved courses. Kentucky Board of Nursing approval does not constitute endorsement of the program content. Up to 12 contract hours also are available to psychologists who complete the requirements in approved courses. Certificates for Continuing Education will also be available for Social Workers, Nursing Home Administrators, Marriage and Family Therapists, Professional Counselors, Professional Art Therapists, Psychiatrists, Psychologists, and Certified Chemical Dependency Counselors, upon completion of the appropriate requirements.

To meet the requirements, the participant must: Sign-in at the Continuing Education table PRIOR to each workshop; attend the entire workshop; and return a completed evaluation for each workshop attended. You may obtain your certificate at the end of each day. For information call David Smith at (502) 564-7610 or (502) 564-5777(TTD). KBN Provider Number 5-0051 (Expires July 1, 2003.)

☐ Yes, I would like to receive CEUs.

Professional Membership Information:

License Number (required): _____

Expiration Date (required): _____

Professional Field: _____

Hotel Information

Hotel Information:

The Conference will be held at the Galt House Hotel, 140 North Fourth Street, in Louisville.

You may reserve rooms by calling the hotel at (800)843-4258 or (502)589-5200. Rates are \$67/single; and \$72 double \$82/triple \$92/quad rooms may be asked for under the conference name "Choices and Changes". The deadline is April 7, 2002.

We encourage you to make your reservations early. Please note that there is a \$5 per day parking fee. For more information on the hotel, you may access their web site at <http://www.galthouse.com>.

Directions

I-65 Traveling South....Take the St. Louis I-64 exit after crossing the Ohio River. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

I-65 Traveling North....Take the St. Louis I-64 exit. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

I-64 Traveling West....Take the St. Louis exit - 3rd Street exit. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

I-64 Traveling East....Take the 9th Street exit to Market Street. Turn left on Market Street. Go to 4th Street, turn left. Continue on 4th Street to hotel entrance.

I-71 From Cincinnati....Take the St. Louis-Downtown exit to the 3rd Street exit. Continue on 3rd Street to Main Street. Turn right on Main Street. Turn right on 4th.

- 1- The Galt House Hotel
- 2- KY Center for the Arts
- 3- Convention Center
- 4- Galleria
- 5- KY Exposition Center
- 6- Belle of Louisville
- 7- Airport
- 8- Churchill Downs



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c/o DMHMRS
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